



2023 IMPACT INVESTMENT REPORT



Strengthening global healthcare because of you.



DEAR FRIENDS OF BRIDGE OF LIFE,

The right to healthcare has long been recognized internationally and is codified in the United Nations Universal Declaration of Human Rights. Unfortunately, as we all know, we have a long way to go as a global society to ensure that every human being has affordable access to quality healthcare.

Bridge of Life was founded by DaVita in acknowledgment of the need for healthcare that exists in many countries with a focus on chronic disease – specifically kidney disease and its key causes. Bridge of Life believes that everyone deserves the chance to live a healthy and fulfilling life – regardless of where they live.

But we all know that where you happen to live has everything to do with the healthcare available to you. Noncommunicable chronic diseases (NCDs) are collectively responsible for ~70% of all deaths worldwide. Within a generation, the share of disease burden attributed to noncommunicable diseases in some poor countries will exceed 80%. The health systems of lower-income countries are unprepared for this change.

Why should we care?

I know many of us do care out of compassion. We see these faces and know that could be us, that could be our child but for where we happened to be born. And so, we care because of our humanity. But there are other reasons why we should care, too.

Improving global health can lead to huge economic growth. Good health allows children to go to school, it allows adults to work and invest in their families and communities. Good health leads to productivity and productivity leads to economic strength. And with the interconnectivity of our world, healthy and strong communities mean a healthier world for us all.

Health inequity amounts to an enormous loss of human potential from the world. And that's why the work of Bridge of Life is not about building treatment rooms, setting up dialysis clinics or preventing chronic disease. It is ultimately about giving people the chance to live healthy and fulfilling lives. Because the answer to Paul Farmer's question is "everyone is human enough to deserve that right."

Thank you for caring and for joining us to make health equity a reality for all.

Sincerely,

Lori Vaclavik
Executive Director, Bridge of Life

▶ **8,016**
people served in
13 countries

▶ **\$1.4 Million**
raised by YOU!

▶ **817**
people trained



WHO WE ARE



MISSION STATEMENT

Bridge of Life's mission is to strengthen healthcare globally through sustainable programs that prevent and treat chronic disease.

VISION STATEMENT

Our vision is a world where all human beings have access to quality care.

Bridge of Life's global work focuses on chronic disease prevention and improving kidney care through two core programs:

CHRONIC DISEASE PREVENTION

Prevents and controls kidney disease and its root causes through screening and health education

TREATMENT

Improves quality of kidney care and access to life-saving dialysis treatment for people with end stage renal disease



OUR APPROACH

Bridge of Life advances kidney care worldwide through a holistic and equitable approach to healthcare.



BUILDS

Successful Partnerships



TRAINS

In-country Health Professionals and Community Health Workers



CONNECTS

Underserved Patients to Medical Treatment



EDUCATES

Individuals on Disease Prevention



ENGAGES

Medical Professionals as Volunteers throughout Programs

2023 CORE STRATEGIES





SERVING OUR PARTNERS IN MEANINGFUL WAYS

Bridge of Life advances kidney care worldwide through a holistic and equitable approach to healthcare by providing direct services to patients and creating sustainable solutions to support our global network of partners.





**Trained in-country
community health workers
& professionals**

to support, treat, and educate
people identified with
hypertension and/or diabetes.



**Equipped partners around
the world**

with clinical supplies, dialysis
equipment and PPE to improve
health services and outcomes.



**Enhanced the quality of
patient treatments
and health outcomes.**



**Conducted free
health screenings**
for the early detection and
intervention of kidney disease
and it's root causes.



**Improved dialysis
treatment**
and care for dialysis and AV
fistula surgery patients.



**Increased the capacity of
clinicians and community
healthcare workers**
through comprehensive virtual
trainings on kidney care, renal
nutrition and Covid-19 prevention.



WHERE WE'VE BEEN





OUR PARTNERS AND COUNTRIES WHERE WE WORKED

- 1 BANGLADESH**
 Sonar Bangla Foundation |
 Comprehensive Kidney Care Center
- 2 BOLIVIA**
 Etta Projects | Nephrology Montero -
 Centro de Hemodialysis
- 3 GEORGIA**
 Nephrology Development
 Clinical Center
- 4 GUATEMALA**
 Fundainer | Habitat for Humanity
 Guatemala | Roosevelt Hospital
- 5 HAITI**
 Nursing Education Collaborative for
 Haiti (NECH-CIEH)
- 6 INDIA**
 Holy Cross Nagercoil | Global Hospital |
 Holy Cross Kottayam
- 7 JAMAICA**
 University Hospital of the West Indies
- 8 MEXICO**
 Jilotepec Hemodialysis Center
- 9 MONGOLIA**
 Lux Dialysis Center
- 10 NICARAGUA**
 Project El Crucero
- 11 PAKISTAN**
 Multan Institute of Kidney
 Diseases | Indus Hospital and
 Health Network Karachi
- 12 TONGA**
 Siaosi Brown Dialysis Center
- 13 UGANDA**
 Global Livingston Institute |
 Rugarama Hospital

WHAT OUR PARTNERS THINK





PARTNER TESTIMONIALS

After Bridge of Life held a screening with our partner University Hospital in Jamaica, Deacon John Wright expresses his heartfelt gratitude to Bridge of Life and their partners: "I'm grateful for what you've done for us. On behalf of the entire community, we thank you abundantly for your generosity and all that you have done for us. Not only have you encouraged us, you've guided us and you've given us the direction in which we should move to stay healthy. We look forward to doing what we have been recommended to do to live healthy lives."

"... you've given us the direction in which we should move to stay healthy."

"I would like to thank Bridge of Life and the whole team for the health kits that you give to us. We use them as an incentive for students and community health workers to motivate good actions and practices among communities and the general population. We use the kits and vitamins when we discuss the importance of nutrition and to promote a healthy lifestyle while attending workshops. The kits are really helpful and are a precious gift for the people in our community."

"The kits are really helpful and are a precious gift for the people in our community."



SOLUTIONS
**YOU
BRING**





WHO YOU SERVE/PROGRAMS - PREVENTION

By nurturing healthier communities one individual at a time, BOL's Chronic Kidney Disease Prevention Program goal is the early identification of CKD and its associated risk factors. Through a combination of health screenings, expert consultations, tailored education and comprehensive care, the program aims to mitigate the progression of disease and prevent its related complications.

- Research
- Health Education
- Nutrition Counseling
- Exercise & Wellness
- Community Health Workers
- Medication & Patient Health Kits
- Distribution of Medical Supplies
- Comprehensive Care

EATING HEALTHY + EXERCISING EVERY DAY

30% FRUITS AND VEGETABLES
25% PROTEIN-RICH FOODS
20% FIBER-RICH LIQUID PRODUCTS

+ A HEALTHY LIFESTYLE

= A HEALTHY, HAPPY & LONGER LIFE!

STAGES OF KIDNEY FAILURE

LOSS OF KIDNEY FUNCTION	% OF NORMAL KIDNEY FUNCTION
1. NON OR SLIGHT	90% OR MORE
2. MILD	60-89%
3. MODERATE	30-59%
4. SEVERE	15-29%
5. APPROACHING FAILURE	<15%

WHAT DO THE KIDNEYS DO?

- ▶ Remove waste from blood and extra water

WHAT CAN HARM THE KIDNEYS?

- ▶ Diabetes
- ▶ Kidney stones
- ▶ Urinary tract and other infections
- ▶ Dehydration
- ▶ Frequent use of pain medications, like ibuprofen
- ▶ Some chemicals

EXERCISE

- ▶ Builds healthy bones, muscles, joints
- ▶ Controls weight
- ▶ Reduces fat
- ▶ Helps prevent and reduce high blood pressure

DRINK WATER

- ▶ Water is best for hydration
- ▶ Men: drink 13 glasses (3 liters) each day
- ▶ Follow the water hydration chart
- ▶ Women: drink 9 glasses (2 liters) each day

TEST YOUR BP

- ▶ Blood pressure is when blood flows through body blood vessels
- ▶ High blood pressure can lead to heart disease, stroke, kidney disease, and other health problems
- ▶ Don't miss doctor appointments
- ▶ Test your blood pressure regularly
- ▶ Take medication as prescribed
- ▶ Reduce alcohol, eat healthy, exercise, don't smoke

EAT HEALTHY

- ▶ Less salt
- ▶ Less processed food
- ▶ Less fat
- ▶ A balanced plate

SAY NO TO SMOKING

Some health effects of smoking:

- ▶ Lung disease or cancer
- ▶ Heart disease
- ▶ Bad teeth or tooth loss

TEST YOUR BMI

Body mass index (BMI) measures body fat

- ▶ Normal = 18.5 - 25
- ▶ Underweight = under 18.5
- ▶ Overweight = 25 - 30
- ▶ Obese = over 30

Aim for a healthy weight

- ▶ Control weight
- ▶ Eat healthy
- ▶ Exercise

BODY MASS INDEX

UNDERWEIGHT: 18.5 - 24.9
NORMAL: 18.5 - 24.9
OVERWEIGHT: 25.0 - 29.9
OBESE: 30.0 - 34.9
EXTREMELY OBESE: 35+



CKD PREVENTION IMPACT STATS



113 Community Health Workers

empowered with the tools and knowledge to prevent and control chronic disease

2,681 People Screened for chronic disease

692 High-Risk Patients Supported with on-going care through medication, health testing and education

5,981 Community Members in prevention activities (health fairs, exercise classes, etc.)

64 Youth Health Leaders supporting healthy behaviors in their communities



Magli left the screening feeling empowered in what habits she needed to take on to live a healthy life with diabetes.

MAGLI'S STORY

Magli lives in Montero, Bolivia with her 4 children and husband. She decided to visit Bridge of Life's screening because she had been feeling unwell. She was not sleeping, was constantly thirsty and needing to urinate. She also felt hungry all the time, even though she had lost more than 22 pounds in a month.

Magli was absolutely shocked to learn she suffered from diabetes.

The Bridge of Life volunteers sped into action. A volunteer RN on the team helped her to understand her health results. The Nephrologist counseled her on managing her diabetes and started her on medication. The dietitian gave her a questionnaire to gain a better understanding of her diet. And the social worker counseled Magli and provided hope of healthier days to come. Magli left the screening feeling empowered in what habits she needed to take on to live a healthy life with diabetes.

Today, the work continues. Bridge of Life is partnering with a team of community health workers and the local health center to make certain Magli's diabetes is being managed correctly. They offer continuous lab testing, health education and access to medicine.

This is the power of BOL's Chronic Disease Prevention program - to provide all people, everywhere access to comprehensive healthcare.



PARTNER/ PROGRAM SPOTLIGHT





GLOBAL LIVINGSTON INSTITUTE, UGANDA

Bridge of Life is working in Uganda and countries around the world to enhance early detection and prevention efforts. Our approach begins with engaging skilled DaVita clinicians to train local health workers and host large screening events, attracting many community members eager to get tested and learn about their health.

If someone is identified as at-risk for chronic kidney disease (CKD), hypertension, or diabetes during these screenings, they are invited to join a program led by trained Community Health Workers (CHWs). Participants receive ongoing health testing, education, and referrals to local health clinics. In these communities, we also promote healthy living through various initiatives. We grow community gardens, distribute healthy foods, organize exercise classes (like Zumba and Yoga), and run prevention campaigns on the radio. Finally, we support our partners year-round through collaboration meetings, virtual training sessions, and tools to monitor impact.

Program participants in Kabale, Uganda experienced a 51% reduction in blood pressure and a 20% reduction in blood sugar levels.

Participants receive ongoing health testing, education, and referrals to local health clinics.





YOUTH PROGRAM BOLIVIA

Young adulthood is a critical developmental period where people establish life-long behaviors and begin to take responsibility in their own health care. In 2023, Bridge of Life supported a project that motivated a group of adolescents in Bolivia to help establish healthy behaviors to prevent chronic disease. In partnership with Etta Projects, Bridge of Life engaged 64 youth leaders to practice and promote healthy behaviors in their communities. The participants took part in interactive training sessions and learned about healthy eating, physical activity, avoiding additive behaviors, and more. Each participant set personal goals for the year, and also supported community members in achieving health goals. The project reached over 1,600 people including the youth participants, other students, teachers, family members and community members!

Check out some of the participants' health improvements!

- Albehiro Ali loss weight and started playing volleyball and basketball.
- Alexandra greatly improved her knowledge on chronic disease prevention, increased muscle mass and feels like a "powerful female"!
- Dania shared that participating in the project improved her self-esteem. She feels more muscular and confident. She also said that eating healthy has improved her skin.
- Danna has lost almost 5 kgs since she enrolled in the project. She says that playing sports gives her better confidence. She especially likes martial arts and volleyball.
- Elias now goes to the gym regularly. He lost weight this year, eats better and is more active. He also dreams of becoming a bodybuilder one day!



TREATMENT & CARE PROGRAM



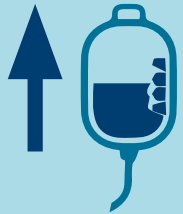
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DIALYSIS CAPACITY PROGRAM



Dialysis Clinic
Assessments



Upgraded
Existing Dialysis Clinics

Clinical & Standards of
Care Training



Technical
Training

AV Fistula
Surgeries



Home
PD Treatment Rooms

Distribution
of Medical Supplies
& Equipment





TREATMENT STATS

4,846 Dialysis Patients

whose treatment and care improved through training provided to clinical staff

25 AV Fistulas Placed

through surgical medical missions

49 Kidney Donors

received continuing health education, lab testing and health care

10 Children

in rural Guatemala received at-home dialysis treatment rooms to increase and improve access to life-saving care

PARTNER TESTIMONIAL

“Bridge of Life’s partnership is invaluable and immeasurable. To bring the first ever clinic to Tonga was a dream and now it’s become a reality with their expertise and support.”

- Rod Emam | Siasosi Brown
Dialysis Center

PARTNER FEATURE

Bridge of Life actively collaborated with multiple partners to establish a plan to bring the first-ever dialysis treatment to the Kingdom of Tonga. Currently, people who suffer from diabetes and renal failure are forced to flee their home country for treatment. These patients with ESRD are faced with extreme financial burden of relocating to another country where dialysis treatments are accessible or staying on the island and face the option of certain death. The Siasosi Brown Dialysis Center will provide low-costs or free essential dialysis treatment to Tongans suffering from ESRD.



PD ROOM PATIENT STORY FEATURE

Linda resides in Bola de Oro, Chimaltenango, along with her mother, Flor, and her 5-year-old brother, Jaime Eduardo. Linda was one of the beneficiaries of Bridge of Life's new PD room project, a pioneering initiative that provides a secure environment for children with End-Stage Renal Disease (ESRD) in Guatemala to undergo home dialysis treatment. **This innovative approach significantly reduces the time and expenses associated with traveling to in-center clinics for children like Linda. Moreover, home dialysis opens up new avenues for work and educational opportunities.** Linda's room even set a pathway for her to meet specific criteria to become a candidate for a kidney transplant.

BOL's PD rooms are meticulously equipped with essential amenities, including a water collection system, outdoor handwashing station, sturdy metal door and windows, solar panel, water filter, as well as basic furniture like a chair, table, and shelves. **To add a personal touch, our volunteer teams customize the rooms according to the children's preferences.**

Flor expressed her gratitude, describing the room as a "blessing" for its cleanliness and the space it provides for Linda's treatment. **Linda's grandmother echoed this sentiment, expressing profound gratitude for the impact of the volunteers' efforts, "What you did is not a little, it IS A LOT!"**



Linda's room even set a pathway for her to meet specific criteria to become a candidate for a kidney transplant.

PD ROOM FAMILY TESTIMONIAL

"I decided when Harold first got sick that we were going to fight for his life and that he was going to live. The new PD room we received will improve his treatment, and hopefully one day he will get a transplant. Thank you for your support. We all can decide where we can put our energy and effort. Thank you for your energy on our family. We are so grateful."

KIDNEY DONOR STORIES





SUPPORTING HERO KIDNEY DONORS

Bridge of Life supported 59 quiet heroes in Guatemala who have saved the life of someone they love through a kidney donation. Their family member no longer relies on a dialysis machine to survive. Bridge of Life provides health and nutrition services that benefit these selfless, courageous heroes who have all gave another person a second chance at life. The kidney donors received comprehensive lab testing, medical check-ups, and individualized consultations with a dietitian, social worker and nephrologists. The services provided to kidney donors give them the peace of mind to focus on what's important.

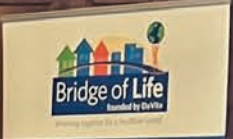
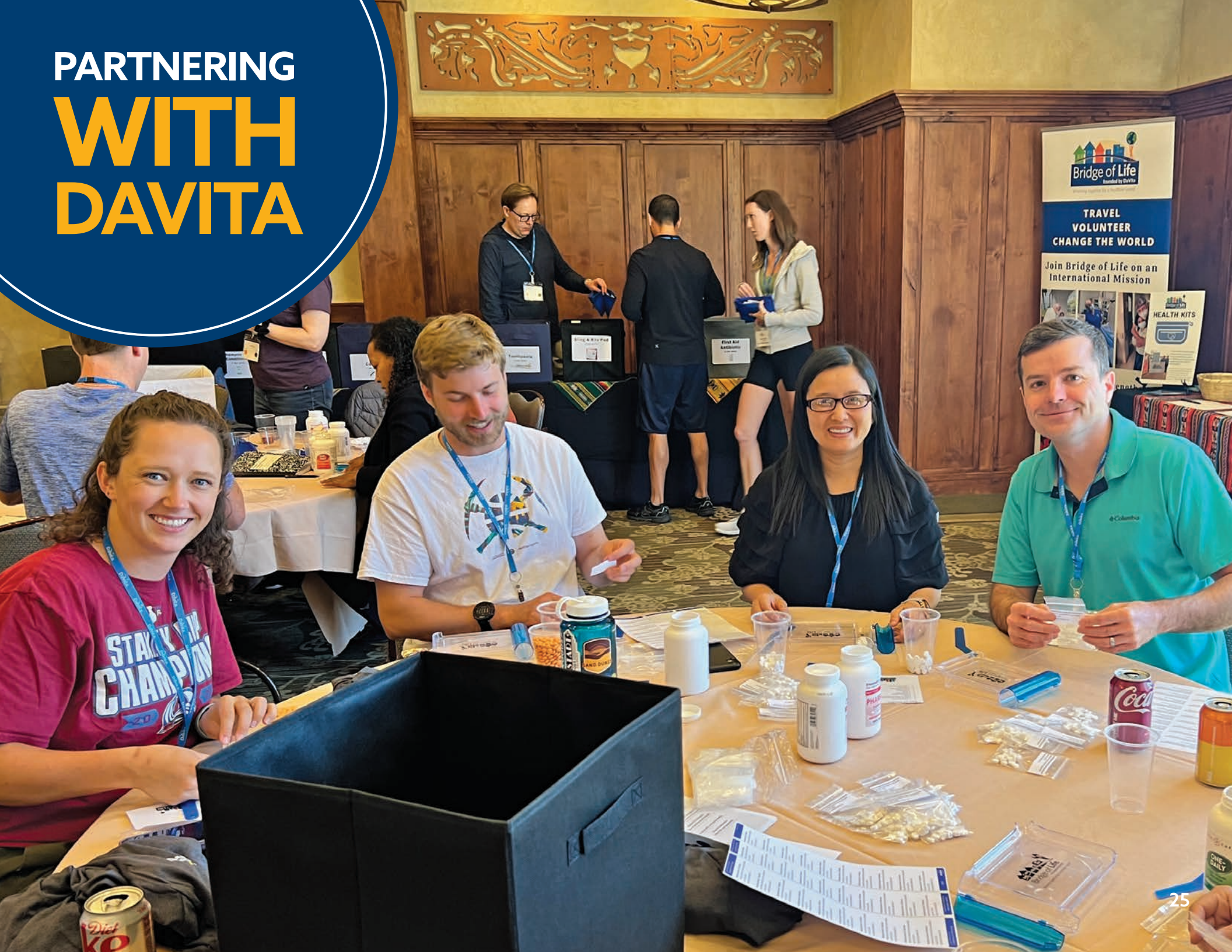
"This program gives me the rare occasion to think about my own well-being."

Ana Marisela donated her kidney to her 9-year-old daughter.

Ana Marisela worries about her daughter's health, but admits that she keeps her emotions to herself. Despite all that Anna endures, she always has a smile on her face. Anna Marisela is very grateful for the services that Bridge of Life provides to her saying "this program gives me the rare occasion to think about my own well-being."



PARTNERING WITH DAVITA



**TRAVEL
VOLUNTEER
CHANGE THE WORLD**

Join Bridge of Life on an
International Mission





PARTNERING WITH DAVITA

DaVita's unwavering pursuit of a healthier tomorrow drives their commitment to deliver differential, equitable and holistic care to their patients throughout their entire kidney disease journey. We are grateful to partner with DaVita in a shared purpose and commitment to **Care for Our World**.

Nearly 7,000 DaVita teammates supported Bridge of Life by participating in events such as Move It With Purpose, volunteered to sort medication, assemble health kits and create patient care packages and also traveled with Bridge of Life on international service trips to strengthen kidney care worldwide.

9 International
Service Trips

44 International Service
Trip Volunteers

1,661
Mission Volunteer Hours

9 Village Service
Projects engaging
798 Volunteers

13,227 Total Volunteer
Hours valued at

\$420,630 In In-kind
support



MOVE IT WITH PURPOSE

Through Move It With Purpose, teammates, patients, family and friends moved to support DaVita and BOL's commitment to strengthen healthcare globally. Since 2007, Move It With Purpose (previously Tour DaVita) has raised over fifteen million dollars to help prevent, control and treat kidney disease and its root causes around the globe. Resources raised from Move It With Purpose played a vital role in supporting our programs and partners across the globe.

6,456
Participants

25
Corporate Sponsors

394,242
Completed Miles



\$754,450
Raised

Thank you to our Diamond and Gold Sponsors

AmerisourceBergen

CSL Vifor

WHAT OUR VOLUNTEERS THINK





VOLUNTEER TESTIMONIALS

"Kidney Disease and Kidney Health Justice know no boundaries; therefore, I am compelled to go wherever, far or near, rural or urban, to walk alongside others in pursuit of equitable solutions for preventing and managing kidney diseases. **With Bridge of Life, I have found a perfect match for kidney health justice.**"

- Dr. Unini Odama, MD, MPH, MBE | Vice President, Medical Affairs, DaVita Kidney Care

"I was rewarded with a sense of connection and a better understanding of and appreciation for community. **We connected through kindness, humor, fun, hard work, a sense of selflessness, and dedication to a common goal.** I would highly recommend volunteering with Bridge of Life to find or expand your own sense of community."

- Emily Taylor | Sr. Director, Assurance, DaVita Kidney Care

"Opportunities to serve remind us of a powerful lesson - we get back more when we work for others instead of for ourselves. Bridge of Life missions are awesome examples of this simple, overlooked idea. I'm grateful to be part of a team making a big change for children with ESRD by supporting local partners who deliver lifesaving care day in and day out. **I found myself in uniquely human moments I otherwise never would've experienced and received so much fulfillment and knowledge.**"

- Spencer Hodge | Director, Special Projects, DaVita Kidney Care

"I have so much gratitude for the opportunity to participate. **They say this time is to help others, but I'm the one that learned so much. This mission allowed us all to leave a tiny seed that will grow to change the world.** We really should return to this kind of world where we learn from and help one another."

-Ylse Sabogal | Assistant Facility Administrator, DaVita Kidney Care Colombia

"I would highly recommend volunteering with Bridge of Life to find or expand your own sense of community."



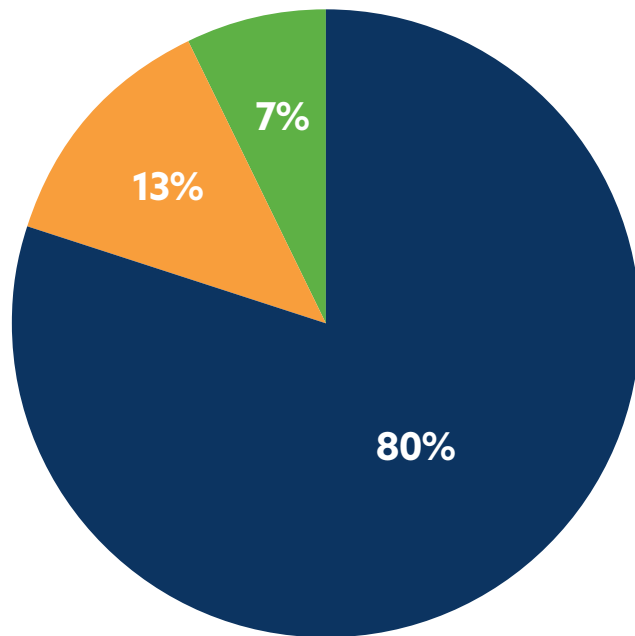
BRIDGE OF LIFE FINANCIAL IMPACT

FINANCIALS

"The Bridge of Life Board of Directors is grateful to all the volunteers and donors who make our work possible. Together, we've provided chronic disease prevention and treatment to thousands of people around the globe. Thanks to your support, we are overcoming healthcare inequities and giving more people the chance to live healthy and fulfilling lives. Thank you for helping us achieve our vision of a world where everyone has access to quality healthcare."

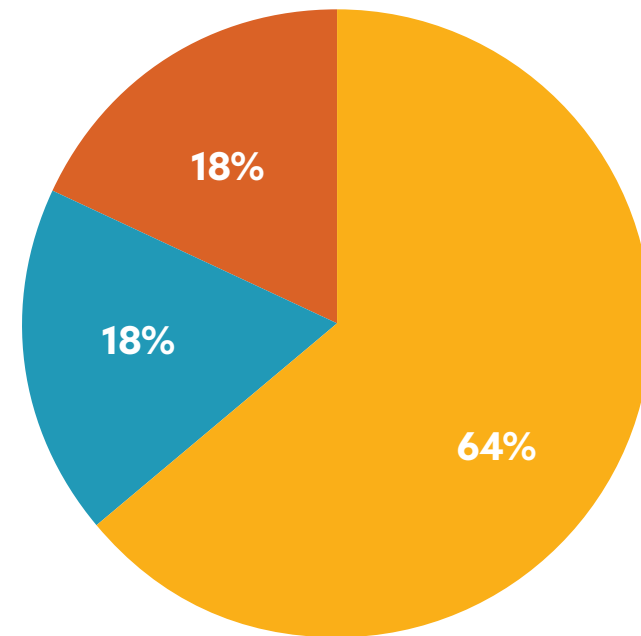
– Steve Priest, Board Chairman

2023 REVENUE



● Individuals & Businesses ● In-Kind Donations ● Other

2023 EXPENSES



● Program ● Fundraising ● Administrative



BOARD OF DIRECTORS OFFICERS

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Steve Priest | Chief Executive Officer & President, Spero Health, Inc.

Board Treasurer

Guy Seay | Chief Financial Officer, Panoramic Health

Board President

Lori Vaclavik | Executive Director, Bridge of Life

Board Secretary

Mike Geiger | Vice President, Licensure and Certification, Physical Security, DaVita Inc.

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Chris Atwater

Director of Technical Operations

Katie Chandler

Program Director

Amanda Genakos

Development & Communications Manager

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Kenny Gardner

Chief People Office, DaVita Kidney Care

Mark Kaplan, MD

Vice President of Medical Affairs, Head of Clinical IT, DaVita Kidney Care

Roy Malkin | Retired, Medivators



BOL is a nonprofit organization founded by DaVita Inc. and operating under DaVita Village Trust, Inc., a 501(c)(3) public charity.

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