



Move It With Purpose & Ripples

All teammate participation during Move It With Purpose is eligible for Dollars for Doers. This means that for every minute of movement you can track your time in the Ripples platform and earn Volunteer Rewards to donate to the charity of your choice (consider Bridge of Life!).

HOW TO TRACK YOUR TIME

- 1 Log your activity on MoveSpring.com.
 - 2 Click on this [link](#) to view the Move It With Purpose volunteer activity on the Ripples platform or download the Benevity app.
 - 3 Select **Track Time**.
 - 4 Include the amount of time (not mileage) you spent Moving It. Note, ensure **Donation Currency** is selected under "Choose your volunteer rewards." Teammates will earn \$15 per hour of volunteer rewards, up to \$500, that they can donate to any nonprofit in the Ripples platform. Consider Bridge of Life!
- You may either track time after each activity or you can combine all activities in September and track once. For example, if you go on an hour walk every day, you can track 30 hours or you can track one hour 30 times.
- 5 **Submit!** You will receive an email when your time has been approved with instructions for how to donate your rewards.

MORE INFORMATION:



Time teammates spend participating in nonprofit walks and runs is also eligible for Dollars for Doers.



Teammate activity on MoveSpring will not directly connect to Ripples, so teammates must track time in the Ripples platform.



If you are organizing a large MIWP activity, you may create a Volunteer Opportunity on the Ripples platform to collect sign ups and encourage teammates to track their time.



All participation must be tracked by December 31, 2024. Note that volunteer rewards will expire on November 30, 2024 so track your time early to donate your rewards this calendar year.

Questions? Email Ripples@DaVita.com

